

FFT Deeside Duathlon / Triathlon Sunday 9th May 2004

Name	Race No.	Start Time	Potarch Transition	Crathes Transition	Finish Time	Total Time	Race	Cat	O/A Pos'n	Cat Pos'n	Bike Split Time	Run Split Time	Canoe/Bike Split Time	Total Split Check
Dave Howard	65	0.34.00	1.57.12	3.06.33	3.43.15	3.09.15	Duathlon	MV40	1	1	1.23.12	1.09.21	0.36.42	3.09.15
Alastair Hubbard	33	0.18.00	1.42.41	2.51.36	3.28.34	3.10.34	Duathlon	MS	2	1	1.24.41	1.08.55	0.36.58	3.10.34
Keith Robertson	52	0.27.30	1.52.51	3.01.53	3.38.40	3.11.10	Duathlon	MS	3	2	1.25.21	1.09.02	0.36.47	3.11.10
Diana Mcpherson	34	0.18.30	1.45.15	2.57.16	3.32.58	3.14.28	Duathlon	FS	4	1	1.26.45	1.12.01	0.35.42	3.14.28
Rainer Goldbeck	64	0.33.30	1.54.15	3.14.18	3.49.08	3.15.38	Duathlon	MV40	5	2	1.20.45	1.20.03	0.34.50	3.15.38
Garry MacInnes	62	0.32.30	1.59.22	3.10.41	3.50.47	3.18.17	Duathlon	MS	6	3	1.26.52	1.11.19	0.40.06	3.18.17
Ian Ramshaw	46	0.24.30	1.49.21		3.47.09	3.22.39	Duathlon	MS	7	4	1.24.51		3.47.09	5.12.00
Jeff Cowie	42	0.22.30	1.51.25	3.07.07	3.45.15	3.22.45	Duathlon	MS	8	5	1.28.55	1.15.42	0.38.08	3.22.45
Derek Phillips	30	0.16.30	1.45.23	3.00.45	3.39.17	3.22.47	Duathlon	MV40	9	3	1.28.53	1.15.22	0.38.32	3.22.47
Jake Vellacott	12	0.06.30	1.29.55	2.51.14	3.29.41	3.23.11	Duathlon	MV40	10	4	1.23.25	1.21.19	0.38.27	3.23.11
Bruce Bicknall	48	0.25.30	1.51.22	3.12.11	3.50.24	3.24.54	Duathlon	MV40	11	5	1.25.52	1.20.49	0.38.13	3.24.54
Andy Redman	32	0.17.30	1.47.19	3.02.41	3.42.31	3.25.01	Duathlon	MV40	12	6	1.29.49	1.15.22	0.39.50	3.25.01
Duncan Allen	58	0.30.30	1.59.05	3.15.19	3.55.53	3.25.23	Duathlon	MV40	13	7	1.28.35	1.16.14	0.40.34	3.25.23
Gregory Banks	13	0.07.00	1.40.08	2.50.33	3.33.53	3.26.53	Duathlon	MS	14	6	1.33.08	1.10.25	0.43.20	3.26.53
Stephen Walton	60	0.31.30	1.58.25	3.19.31	3.58.54	3.27.24	Duathlon	MV50	15	1	1.26.55	1.21.06	0.39.23	3.27.24
Andrew Patience	59	0.31.00	1.58.19	3.17.54	3.59.41	3.28.41	Duathlon	MS	16	7	1.27.19	1.19.35	0.41.47	3.28.41
Ian Sinclair	36	0.19.30	1.48.35	3.11.02	3.49.20	3.29.50	Duathlon	MV40	17	8	1.29.05	1.22.27	0.38.18	3.29.50
Rina Zijgers	18	0.09.30	1.44.14	3.00.17	3.39.58	3.30.28	Duathlon	FS	18	2	1.34.44	1.16.03	0.39.41	3.30.28
Margaret Anders	54	0.28.30	1.59.35	3.20.16	4.00.55	3.32.25	Duathlon	FV40	19	1	1.31.05	1.20.41	0.40.39	3.32.25
Andrew Kerr	16	0.08.30	1.37.51	2.58.45	3.41.21	3.32.51	Duathlon	MS	20	8	1.29.21	1.20.54	0.42.36	3.32.51
Steven Barrett	39	0.21.00	1.54.38	3.14.37	3.56.42	3.35.42	Duathlon	MS	21	9	1.33.38	1.19.59	0.42.05	3.35.42
Eric Whyte	43	0.23.00	1.58.49	3.16.36	4.00.23	3.37.23	Duathlon	MV40	22	9	1.35.49	1.17.47	0.43.47	3.37.23
Michael Beattie	11	0.06.00	1.42.33	3.04.58	3.45.03	3.39.03	Duathlon	MS	23	10	1.36.33	1.22.25	0.40.05	3.39.03
Peter Ferguson	61	0.32.00	2.01.20	3.25.24	4.11.03	3.39.03	Duathlon	MV50	24	2	1.29.20	1.24.04	0.45.39	3.39.03
Katy Boocock	49	0.26.00	1.58.28	3.26.57	4.06.29	3.40.29	Duathlon	FV40	25	2	1.32.28	1.28.29	0.39.32	3.40.29
Linda Bethell	31	0.17.00	1.52.27	3.16.03	3.58.16	3.41.16	Duathlon	FV40	26	3	1.35.27	1.23.36	0.42.13	3.41.16
Paul Kefford	45	0.24.00	1.51.05	3.25.42	4.09.09	3.45.09	Duathlon	MS	27	11	1.27.05	1.34.37	0.43.27	3.45.09
Liz Chellingswo	17	0.09.00	1.46.33	3.14.14	3.58.27	3.49.27	Duathlon	FS	28	3	1.37.33	1.27.41	0.44.13	3.49.27
Rob Shaw	35	0.19.00	1.53.09	3.24.07	4.08.41	3.49.41	Duathlon	MS	29	12	1.34.09	1.30.58	0.44.34	3.49.41
Bert McIntosh	47	0.25.00	1.53.53	3.36.12	4.15.31	3.50.31	Duathlon	MV60	30	1	1.28.53	1.42.19	0.39.19	3.50.31
Fiona Duncan	41	0.22.00	1.57.08	3.30.14	4.12.51	3.50.51	Duathlon	FS	31	4	1.35.08	1.33.06	0.42.37	3.50.51
Paul Ritchie	10	0.05.30	1.40.11	3.07.57	3.57.36	3.52.06	Duathlon	MS	32	13	1.34.41	1.27.46	0.49.39	3.52.06
Colin Sim	44	0.23.30	1.56.51	3.33.49	4.16.50	3.53.20	Duathlon	MV40	33	10	1.33.21	1.36.58	0.43.01	3.53.20
Richard Burton	55	0.29.00	2.06.07	3.40.04	4.22.47	3.53.47	Duathlon	MV50	34	3	1.37.07	1.33.57	0.42.43	3.53.47
Karen Davidson	51	0.27.00	1.59.48	3.43.29	4.24.44	3.57.44	Duathlon	FS	35	5	1.32.48	1.43.41	0.41.15	3.57.44
Colin Reid	50	0.26.30	2.06.20	3.36.56	4.29.36	4.03.06	Duathlon	MS	36	14	1.39.50	1.30.36	0.52.40	4.03.06
Blair McKay	15	0.08.00	1.43.20	3.26.39	4.13.53	4.05.53	Duathlon	MV50	37	4	1.35.20	1.43.19	0.47.14	4.05.53
Fiona Smith	26	0.14.30	1.56.30	3.33.15	4.23.14	4.08.44	Duathlon	FS	38	6	1.42.00	1.36.45	0.49.59	4.08.44
Mike Smith	29	0.16.00	2.07.08	3.33.04	4.25.32	4.09.32	Duathlon	MV50	39	5	1.51.08	1.25.56	0.52.28	4.09.32
Thomas Flynn	14	0.07.30	1.49.43	3.32.24	4.19.51	4.12.21	Duathlon	MV40	40	11	1.42.13	1.42.41	0.47.27	4.12.21
Helen Mackie	28	0.15.30	2.06.38	3.35.37	4.27.59	4.12.29	Duathlon	FV40	41	4	1.51.08	1.28.59	0.52.22	4.12.29
John Allan	56	0.29.30	2.17.22	3.50.32	4.42.44	4.13.14	Duathlon	MS	42	15	1.47.52	1.33.10	0.52.12	4.13.14
Elaine Stewart	27	0.15.00	2.04.27	3.40.04	4.28.37	4.13.37	Duathlon	FV40	43	5	1.49.27	1.35.37	0.48.33	4.13.37

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Simon Dark	9	0.05.00	1.31.35	2.45.27	4.31.29	4.26.29	Triathlon	MS	1	1	1.26.35	1.13.52	1.46.02	4.26.29
Richard Lang	5	0.03.00	1.33.17	2.45.38	4.37.28	4.34.28	Triathlon	MS	2	2	1.30.17	1.12.21	1.51.50	4.34.28
Nelly Shand	23	0.12.00	1.34.38	2.48.51	5.12.36	5.00.36	Triathlon	MS	3	3	1.22.38	1.14.13	2.23.45	5.00.36
Alan Strachan	8	0.04.30	1.30.58	2.56.07	5.19.51	5.15.21	Triathlon	MV40	4	1	1.26.28	1.25.09	2.23.44	5.15.21
Colin Williams	2	0.01.30	1.37.12	3.07.45	5.20.34	5.19.04	Triathlon	MS	5	4	1.35.42	1.30.33	2.12.49	5.19.04
Olaf Ellefsen	21	0.11.00	1.37.04	2.58.47	5.30.13	5.19.13	Triathlon	MV60	6	1	1.26.04	1.21.43	2.31.26	5.19.13
Mike Brown	19	0.10.00	1.50.37	3.38.09	5.50.30	5.40.30	Triathlon	MS	7	5	1.40.37	1.47.32	2.12.21	5.40.30
Greg Manning	4	0.02.30	1.41.23	3.19.26	5.51.17	5.48.47	Triathlon	MV50	8	1	1.38.53	1.38.03	2.31.51	5.48.47
Ian Edwards	1	0.01.00	1.39.26	3.15.11	5.52.31	5.51.31	Triathlon	MV40	9	2	1.38.26	1.35.45	2.37.20	5.51.31
Colin Calder	20	0.10.30	1.49.12	3.39.34	5.52.54	5.42.24	Triathlon	MS	10	6	1.38.42	1.50.22	2.13.20	5.42.24
Susie McKay	6	0.03.30	1.41.25	3.05.37	6.01.43	5.58.13	Triathlon	FV50	11	1	1.37.55	1.24.12	2.56.06	5.58.13
Donald Thomson	7	0.04.00	1.45.00	3.43.46	6.13.18	6.09.18	Triathlon	MV40	12	3	1.41.00	1.58.46	2.29.32	6.09.18
Gavin Calder	22	0.11.30	1.39.42	3.03.10	#####	#####	Triathlon	MS		7	1.28.12	1.23.28	#####	#####
William Geddes	3	0.02.00	1.45.48	3.07.07	5.12.47	5.10.47	Triathlon Team	MS	1	1	1.43.48	1.21.19	2.05.40	5.10.47
Alastair Cowe		n/a	Team Canoeist				Triathlon Team	MV40						
Dan Davidson		n/a	Team Runner				Triathlon Team	MV40						